

Mindful Mandy by Kwandumusa Hlatshwayo

My sidekick's name is Mindful Mandy. Courageous Collette and Mindful Mandy are best friends and they help people. Once they went swimming in the pool and Mindful Mandy was scared to jump in. People made fun of her but she didn't listen to them. She jumped anyway and wasn't scared. Mindful Mandy overcame her fear and now she helps children overcome theirs.

