

# Mean Matilda

One day Mean Matilda was hanging out with her friends. The new kid passed by, and Mean Matilda and her friends tripped him. The new boy ran away crying with embarrassment. Later in class the new boy was talking to some other people, “Probably some dumb-dumb club.” As soon as math ended Mean Matilda tripped over. The new boy stuck out his foot! Mean Matilda ran to the food technology kitchen and cried and ate cookies. Then someone walks in and sits down next to her. He starts to meditate next to her. Mean Matilda starts to join in too. The boy says his name as Simba but everyone calls him Self Aware Simba. Self Aware Simba asks why Mean Matilda does these mean things to other people. “In pre-school there was this one kid, Darren, I think. Everyday he would walk up to me and pull my hair and call me names, he also said if I told anyone he would make me regret it. I was terrified of him, so I never told anyone. When I got here, I just thought it was the normal thing to do,” explained Mean Matilda. Self Aware Simba thought about this for a while. He told Mean Matilda that it wasn’t okay to do this kind of stuff even if it happened to her, he also told her that Darren couldn’t have done anything that bad if she told. Matilda saw what she had done was terrible. She decided she wanted to stop her mean ways and instead be more concerned about her and her actions. She got up and put the cookies away (which she had been eating the whole time). She got up and thanked Self Aware Simba for the kindness and advice. She ran out and as she waved goodbye to Simba she ran straight into the new kid “I’m really sorry I was so rude to you I regret my actions deeply,” Matilda sighed. The new kid told Matilda that his name was Darren, and he wasn’t used to being mean to but instead being the mean one he revealed that he was Matilda’s pre-school meanie. They both went to say sorry and laughed. When Matilda’s dad came to pick her up, she didn’t give him her bag but instead carried it herself. She also helped her mum cook dinner after helping her take in the groceries. After dinner she went to her room (her parents didn’t let her put away the dishes) and instead of watching tv began to meditate. The next day at school she found Darren and they played together on the monkey bars. Matilda’s other friends went to one of the smarter kids and started calling him a nerd Matilda went over to a teacher and told him. Everyone in the school when they saw her called her Mindful Matilda.

